



## FOR IMMEDIATE RELEASE

10<sup>th</sup> June 2016  
St John's CE(A) Primary School

### **St John's CE(A) Primary School AWARDED FOR THEIR HEALTHY FOOD ACHIVEMENTS**

St John's CE(A) Primary School has been awarded the Food for Life Bronze award for its healthy and climate-friendly food culture.

The school is working with Food for Life to transform the school's food culture and that of its local community, by connecting the children with climate-friendly and healthy food.

As part of the Bronze award scheme, St John's CE(A) Primary School serves seasonal school meals, 75% of which are freshly prepared by an experienced school cook. The school also gives every pupil the opportunity to visit a farm, cook and participate in food growing activities during his or her time at school, and pupils and parents are involved in making improvements to the school's menu and dining experience.

Independent research, summarised in a new report '[Good food for all](#)' reveals the success of five years of Food for Life. The evidence from three independent research studies focuses in particular on four main areas of impact: children's health, tackling inequalities, improving education, and local enterprise and sustainability.

**For enquiries about Food for Life contact [ffl@soilassociation.org](mailto:ffl@soilassociation.org) / 0117 314 5180 or [www.foodforlife.org.uk](http://www.foodforlife.org.uk)**

#### **Notes to editors**

**Food for Life** has created network of over 4,500 schools across England committed to transforming their food culture. It supports them to provide fresh, well-sourced and nutritious meals and improve their overall lunchtime experience. It helps children, adults and teachers understand the importance of good nutrition and where their food comes from through practical cooking and growing activities and farm visits.

Food for Life is a Soil Association programme, bringing together the practical expertise of national partners Focus on Food, Garden Organic and the Health Education Trust.

To find out more, visit [www.foodforlife.org.uk](http://www.foodforlife.org.uk)

**Food for Life Awards criteria that schools meet:**

**Bronze** schools serve seasonal school meals that are at least 75% freshly prepared by a well-trained school cook. Pupils and parents are involved in planning improvements to school menus and the dining experience via a school nutrition action group, boosting school meal take-up. Every pupil has the opportunity to visit a farm during his or her time at school, and opportunities are given for cooking and food growing activity.

**Silver** schools serve school meals on plates, not flight trays, and a range of locally sourced, free range and organic items are served and no fish from unsustainable sources is served. The school has a cooking club, and pupils get to cook with and eat the produce grown in the school growing area. Parents and the wider community get involved in food education via food-themed events.

**Gold** schools are hubs of good food culture in their community, actively involving parents and community groups in cooking and growing activity. School meals are at least 75% freshly prepared, with some items local and organic, and more than 60% of pupils are choosing to eat school meals. Every pupil learns to cook and has the opportunity to grow food, and groups of pupils are actively involved in the life of a local farm.